

The Village at Penn State

February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Transportation to Church Services 2 PM Sunday Matinee: "Donovan's Reef" 6 PM Super Bowl Party - CL 	2 GROUNDHOG DAY Barber Is In! 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 10:30 AM Fitness Orientations - ER 11 AM Buddy Swim - P 11 AM Private Function - VC 1:30 PM Seated Yoga - ER 2 PM Library Committee - L 2:30 PM Dolphin Club - P 3 PM OLLI CLASS: "Dante's Purgatorio" - LD 7:30 PM Poker - AS 	3 9 AM Stretch and Tone - LD 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10:30 AM OLLI CLASS: "Legends of the Valley" - LD 11 AM Buddy Swim - P 12:30 PM & 1 PM Bridge - VC, LD 1 PM Depart Grocery Shopping 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2:30 PM Dolphin Club - P 7 PM Depart Jesus Christ Superstar 7 PM Movie Night: "The Producers" - LD 	4 PODIATRIST IS HERE! - AS 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Buddy Swim - P 1:30 PM Seated Yoga - ER 2 PM Caregivers Support Group - AS 2 PM Video Gaming - LD 2:30 PM Dolphin Club - P 3:50 - 4:30 PM Bookmobile is Here! 7 PM Forum on Resident Council Voting Process - LD 	5 9 AM Stretch and Tone - LD 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10 AM Village Radio Players Invitation to all "Village People" - AS 11 AM Buddy Swim - P 1:30 PM Seated Yoga - ER 1:45 PM Depart Nittany Mall Shopping 2 PM Stretch and Tone - ER 2 PM Humphrey Fellows Speaker: Fatma Wasel from Yemen - LD 2:30 PM Dolphin Club - P 3 PM Reaching Out Committee - VC 6 PM & 6:30 PM Departs Lady Lions Basketball vs. Minnesota 7:30 PM Depart Distinguished Speakers Series: "Madeline Albright" 	6 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Penn State Fall Prevention - LD 10 AM Water Fitness - P 10:30 AM Pool Orientations - P 11 AM Gift Shop Committee - VC 11 AM Buddy Swim - P 11:45 AM Depart Gallery Talk at The Palmer 12:30 PM & 1 PM Bridge - VC, LD 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 3 PM First Friday w/ School of Music - CL, DR 4:30 - 6:30 PM Happy Hour - CL 7:30 PM Depart Synagogue Services 	7 12:30 PM Depart Metropolitan Opera: "Lucia di Lammermoor - Donizetti" 5:45 PM Depart Chanticleer 
8 Transportation to Church Services 2 PM Sunday Matinee: "Last of the Blonde Bombshells" 2:30 PM Depart State College Area Municipal Band Valentine's Day Concert 	9 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Buddy Swim - P 11:45 AM PSU Men's Basketball Luncheon - DR 1 PM Energy Conservation Committee - AS 1:30 PM Seated Yoga - ER 2 PM Food Committee - VC 2:30 PM Dolphin Club - P 3 PM Activities Committee - AS 3 PM OLLI CLASS: "Dante's Purgatorio" - LD 7 PM Resident Council - LD 7:30 PM Poker - AS 	10 9 AM Stretch and Tone - LD 9:30 AM Tai Chi - ER 10 AM Resident Annual Fund Committee - AS 10 AM Water Fitness - P 10:30 AM OLLI CLASS: "Legends of the Valley" - LD 11 AM Buddy Swim - P 12:30 PM & 1 PM Bridge - VC, LD 1 PM Depart Grocery Shopping 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2:30 PM Dolphin Club - P 2:30 PM Dolphin Club - P 	11 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Buddy Swim - P 1:30 PM Seated Yoga - ER 2 PM Exercise Your Brain: Trivia - LD 2:30 PM Dolphin Club - P 3:30 PM Bereavement Support Group - PDR 	12 LINCOLN'S BIRTHDAY 9 AM Stretch and Tone - LD 9 AM Buildings Committee - CL 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10:30 - 11 AM Schwan's Man is Here! 11 AM Landscape Committee - VC 11 AM Buddy Swim - P 11:45 AM Depart ROMEO Luncheon at the Autoport Restaurant 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2:30 PM Dolphin Club - P 6:30 PM Depart Masters of Fiction Coffeehouse 	13 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Penn State Fall Prevention - LD 10 AM Water Fitness - P 10 AM Private Function - PDR 11 AM Buddy Swim - P 11:30 AM Private Function - PDR 12:30 PM & 1 PM Bridge - VC, LD 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 4 PM Valentine's Day Barbershop Quartet - LD 4:30 - 6:30 PM Happy Hour - CL 7 PM Depart Ying Quartet 7:30 PM Depart Synagogue Services 	14 VALENTINE'S DAY 1 PM Depart Men's Nittany Lion Basketball vs. Minnesota 7:30 PM Depart Trials & Telephones: "An Operatic Valentine"  
Location Key A = Atrium AS = Arts Studio CL = Cub Lounge DR = Dining Room ER = Exercise Room FC = Fitness Center L = Library LD = Lion's Den P = Pool PDR = Private Dining Room PG = Putting Green WC = Wellness Clinic V = Veranda VC = Village Creamery		Fitness Classes Wellness Programs Social Events & Entertainment Meetings & Discussions Outings Cards / Games Movies / Art / Crafts	Take-out is not available from the Dining Room on these days: • Sundays • Mardi Gras Party, 2/24/09	First National Bank is here every Wednesday from 9 - 11 a.m.		

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February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Transportation to Church Services 2 PM Sunday Matinee: "Those Magnificent Men in Their Flying Machines" 2 PM & 2:30 PM Departs Lady Lions Basketball vs. Iowa 	16 PRESIDENTS DAY Barber Is In! 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Private Function - VC 11 AM Buddy Swim - P 1 PM All About President Nixon - LD 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 3 PM OLLI CLASS: "Dante's Purgatorio" - LD 4 PM Art Class: Stationary & Card Making - AS 7:30 PM Poker - AS 	17 9 AM Stretch and Tone - LD 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10:30 AM OLLI CLASS: "Legends of the Valley" - LD 11 AM Buddy Swim - P 12:30 PM & 1 PM Bridge - VC, LD 1 PM Depart Grocery Shopping 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2:30 PM Dolphin Club - P 7 PM Depart Nittany Valley Symphony: "Bicentennial: Mendelssohn & Lincoln" 	18 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 10:30 AM Marketing Ambassadors - VC 11 AM Buddy Swim - P 1:30 PM Seated Yoga - ER 2 PM Caregivers Social Meeting - AS 2 PM Video Gaming - LD 2:30 PM Dolphin Club - P 3 PM Poetry Reading - VC 3 PM Wellness Clinic and In-Home Q & A - LD 3:50 - 4:30 PM Bookmobile is Here! 6:30 PM Depart Common Ground Lobby Talk: "A Conversation with Mark Schapiro" 	19 9 AM Stretch and Tone - LD 9:30 AM Town Hall Meeting - LD 10 AM Water Fitness - P 11 AM Buddy Swim - P 11:15 AM Depart Atrium Outing 1:30 PM Seated Yoga - ER 2 PM Cooking with Jeremy - CL 2:30 PM Dolphin Club - P 6 PM & 6:30 PM Departs Lady Lions Basketball vs. Purdue 	20 THON WEEKEND 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Penn State Fall Prevention - LD 10 AM Water Fitness - P 11 AM Buddy Swim - P 12:30 PM & 1 PM Bridge - VC, LD 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 4:30 - 6:30 PM Happy Hour - CL 7:30 PM Depart Synagogue Services 	21 THON WEEKEND 7:30 PM Depart The Wiz 
22 Washington's Birthday THON WEEKEND Transportation to Church Services 2 PM Sunday Matinee: "O Brother, Where Art Thou?" 5 PM Winter Pot Luck Supper - CL, DR 	23 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Finance Committee - VC 11 AM Buddy Swim - P 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 3 PM OLLI CLASS: "Dante's Purgatorio" - LD 7 PM Depart Military Lecture 7:30 PM Poker - AS 	24 9 AM Stretch and Tone - LD 9 AM Private Function - VC 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10:30 AM OLLI CLASS: "Legends of the Valley" - LD 11 AM Buddy Swim - P 12:30 PM & 1 PM Bridge - VC, LD 1 PM Depart Grocery Shopping 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2:30 PM Dolphin Club - P 4 - 7 PM Mardi Gras Party - CL, DR 	25 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Bone Builders - ER 10 AM Water Fitness - P 11 AM Buddy Swim - P 1 PM Village Crafters - VC 1:30 PM Seated Yoga - ER 2 PM Wellness Lecture: "Winter Depression" - LD 2:30 PM Dolphin Club - P 3:30 PM Bereavement Support Group - PDR 7 PM Game Night with Gamma Sig Sorority - LD 	26 9 AM Stretch and Tone - LD 9:30 AM Tai Chi - ER 10 AM Water Fitness - P 10:30 - 11 AM Schwan's Man is Here! 11 AM Buddy Swim - P 11:45 AM Depart Red Hatters Luncheon at Hoss's Steak House 1:30 PM Seated Yoga - ER 2 PM Stretch and Tone - ER 2 PM Resident Lecture: "All About Bees" - LD 2:30 PM Dolphin Club - P TBA Departs Lady Lions vs. Northwestern 	27 8:25 AM Pilates - ER 9 AM Stretch and Tone - LD 9:30 AM Penn State Fall Prevention - LD 10 AM Water Fitness - P 10:30 AM Intern Lecture Series: "Keeping Your Heart Happy" - LD 11 AM Buddy Swim - P 11:45 AM Depart Gallery Talk at The Palmer 12:30 PM & 1 PM Bridge - VC, LD 1:30 PM Seated Yoga - ER 2:30 PM Dolphin Club - P 4:30 - 6:30 PM Happy Hour - CL 7:30 PM Depart Synagogue Services 	28 5:30 PM Depart Men's Nittany Lion Basketball vs. Indiana 



Happy Valentine's Day

